

The FLIP: New Validated Tool to Diagnose Breastfeeding Dysfunction

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Patient Name:	Sex.	DOB	<u></u>
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PARENT: Please select the frequency of baby and mother symptoms associated with breastfeeding and select the severity of pain on the visual score.								
	How often Select the most appropriate Frequency	Never 1	<25% 2	50% 3	>75% 4	Always 5	Total Category Score	
FLOW	Does your baby choke/gag while breastfeeding? Does your baby hiccup immediately after feeding? Does your baby cough during breastfeeding? Does your baby spit up after breastfeeding? Does your baby leak from the corners of mouth during/after?							
ГАТСН	Does your baby appear tired, fall asleep or get frustrated during feeding? Does your baby have a shallow latch? Does your baby click during breastfeeding? Does your baby latch on and off the nipple while feeding? Does your baby tuck the lip under/in while feeding?							
INJURY	Do you have nipple pain during breastfeeding? Does your baby chew/ gum/ clench/ clamp down/ bite the nipple during breastfeeding? Do you notice blanching (fading/ whitening/ discoloration) of nipples after? Pain severity 0 None		2	3	4	5		
POST FEEDING BEHAVIOR	Does your baby have excessive gas? Do you feel your baby is fussy right after feeding? Does your baby arch his/her back during/after feeding?							
TOTAL:								



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Practitioner:

FLIP Tool: To be used to document frequency of parent and infant symptoms associated with breastfeeding.

Further treatment is to be considered when prematurity and genetic, cardiac, pulmonary, neuromuscular and other systemic conditions have been ruled out by infant history and examination, and maternal issues and latch have been evaluated by a lactation professional. *Prediction percentages calculated using average scores for all other scores, excluding latch and total.

The FLIP Tool can be repeatedly administered on subsequent visits to see the change in the score.

